

WEEKLY SCHEDULE

Don't Forget:

PD. ▼	MON	TUE	WED	THR	FRI

WEEKLY SCHEDULE

Don't Forget:

PD.	MON	TUE	WED	THR	FRI

DAILY ASSIGNMENTS

Week of _____

	Subject	Assignments	DUE	✓
Monday				
	Daily Goal:			
Tuesday				
	Daily Goal:			
Wednesday				
	Daily Goal:			
Thursday				
	Daily Goal:			
Friday				
	Daily Goal:			

GRADE TRACKER

Track your progress on tests, assignments, and projects.
Spend more time on the subjects that are the most difficult for you.

DATE	TEST, ASSIGNMENT, PROJECT	GRADE
Math		
Language Arts		
Other		

DATE	TEST, ASSIGNMENT, PROJECT	GRADE
Science		
Social Studies		
Other		

CLASS SUMMARY

So, how did you do?

Let's take a minute to review your likes, dislikes, and accomplishments.

Was there anything about this class that you particularly enjoyed or found helpful?

Is there anything that you feel your teacher could have done to make this class better?

In what area do you feel that you improved the most?

List some of your goals that you achieved:

Did you complete most of your homework assignments on time? _____ If NOT, what was the reason?

Did your test scores improve? _____ If NOT, what was the reason?

What area(s) do you think you need to spend more time working on?

Did you discover a career that interests you? _____ If so, list the career and why you like it:

What changes do you plan to make to become a better student and a better person?

Other: _____

BRAINAPALOOZA

ACTIVITY SHEET

WORD DECRYPT

Decrypt this phrase to learn why doing well in school is so important.

(Hint: 1=A, 2=B, 3=C)

— — — — — — — — — — — — — — — — — — — —
 20 8 5 13 15 18 5 25 15 21 12 5 1 18 14

— — — — — — — — — — — — — — — — — — — — !
 20 8 5 13 15 18 5 25 15 21 5 1 18 14

Studies show that people who have more education earn more money. For example:

- Ⓒ A high school dropout earns about **\$18,000** per year.
- Ⓒ A high school graduate earns about **\$24,000** per year.
- Ⓒ College graduates often earn **\$30,000** to **\$60,000** per year.

When you grow up, you're going to want your own place, a car, clothes, a cell phone, and internet access. And don't forget things like heat, electricity, water, and food! These things cost money. To make money, you need a job. And to get a good job, you need a good education. So you see school really IS important, and it all starts now. Doing well in middle school will help you do well in high school. And that will lead you down whatever path you choose after that. But it all starts with your education, because the more you learn, the more you earn!

BRAIN TEASER

1

What gets wetter and wetter
the more it dries?

Get a
Jump
Start

STUDYING

You want to find a quiet, well lit place at home to study, and keep it neat and clean. This will help you concentrate and do better on your homework.

Be the
Real
DEAL

ATTITUDE

Your attitude is the way you feel about events or situations. It shows in your words and in your actions. You probably know people who have a positive attitude, and maybe even some with a BAD attitude. Why is it important to have a positive attitude toward school, your family, and your friends? Do you surround yourself with people who have a positive attitude?

BRAINAPALOOZA

ACTIVITY SHEET

TV TIME

Think of characters you see on TV. Then list the career they are in and the primary skill they need for that career. Try to think of ten DIFFERENT careers.

TV Character	Career	Skill
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

BRAIN TEASER

2

What can go up and down stairs without moving?

Get a
Jump
Start

ORGANIZED

USE THIS PLANNER to keep track of your homework assignments, tests and projects. Write in your planner every single day so that it becomes a habit! This will help keep you organized and help you do better in school.

Be the
Real
DEAL

AWARENESS

Awareness means knowing what is going on around you. It involves all kinds of things, like the weather, or a sports activity, or a friend who is going through some tough times. It's important that you be aware of things, even if they don't seem to directly involve you. Are you aware of things happening around you? What can you do to increase your awareness at school, at home, or with your friends?

BRAINAPALOOZA

ACTIVITY SHEET

GOAL SETTING

Setting goals is a good way to keep track of things you need to accomplish. There are two types of goals. Short-term goals are things that you want to happen soon, like learning new soccer skills or passing next week's math test. Long-term goals are things you want to happen over a period of years, like going to college or being a professional singer.

It's important that you set both short-term AND long-term goals. But it's also important that you take steps toward reaching your goals. Things won't happen just because you WANT them to - you have to work hard and stay focused if you want to achieve your goals.

List a few of your short-term and long-term goals, and then explain what steps you are going to take to reach your goals.

SHORT-TERM GOALS:

LONG-TERM GOALS:

BRAIN TEASER

3

What can you catch but not throw?

Get a
Jump
Start

STUDYING

When you're studying, sit in a comfortable chair but not one that is TOO comfortable. You don't want to fall asleep while doing your homework!

Be the
Real
DEAL

CARING

Caring means being interested or concerned about someone or something. It's easy to see that your family and friends care about you. But what about other people in your life? Who are some people you are around every day who care about you and want you to do well? Do YOU care about those people in return?

BRAINAPALOOZA

ACTIVITY SHEET

WORD SCRAMBLE

Unscramble these mixed up words to find nine careers, and then solve the riddle at the end.

latned yitsneghi _____

hretace _____

ritecahtc _____

towresfa dienesgr _____

fech _____

iclope firecof _____

ootdrc _____

laspsrseeno _____

runes _____

Now, list the letters from the shaded boxes, and then unscramble the key word. Here's a clue - *to be any of these things, you'll need this!*

THE KEY WORD IS: _____

BRAIN TEASER

4

Divide 30 by $\frac{1}{2}$ and add 10.
What is the answer?

Get a
Jump
Start

MANAGEMENT

For each study period, decide what you want to accomplish and how long you will spend on each subject or assignment. Set deadlines and try to stick to them. This will keep you from giving in to distractions and wasting time.

Be the
Real
DEAL

CHARACTER

Your character is the sum of all the qualities that make you who you are. It's your values, your thoughts, your words, your actions... in other words, it's YOU. Like it or not, you will often be judged by your character. Why is it important that you develop strong character traits? What are some situations in which your character might shine?

BRAINAPALOOZA

ACTIVITY SHEET

A MATCHING GAME

Draw a line between the careers and the school subjects they best relate to. Then see if you can think of another career for that same subject, and put it in the (____) after the subject.

CHOREOGRAPHER MATH (_____)

FASHION DESIGNER SCIENCE (_____)

RECREATIONAL THERAPIST MUSIC (_____)

EDITOR ART (_____)

LAWYER PHYSICAL EDUCATION (_____)

ACCOUNTANT LANGUAGE ARTS (_____)

MARINE BIOLOGIST SOCIAL STUDIES (_____)

BRAIN TEASER

5

What goes around the world
but stays in a corner?

Get a
Jump
Start

STUDYING

Don't do homework in front of the TV, it is too distracting, and you'll be too tempted to let your homework slide. And while you're at it, try to ignore the telephone - your friends can leave a message!

Be the
Real
DEAL

CITIZENSHIP

Citizenship is the way you conduct yourself within a community, such as the town you live in or the school you go to. Good citizens give back to that community by doing things that make it better, while poor citizens try to tear it down. What are some things you could do to show good citizenship in your school? What actions would be examples of poor citizenship in the town or city you live in?

BRAINAPALOOZA

ACTIVITY SHEET

FOCUS ON INFORMATION TECHNOLOGY

There are hundreds of careers out there for you to consider. They are often grouped together into what are called career clusters. One of those clusters is called Information Technology (or Info Tech). Let's see if Info Tech would be a good career cluster for you. Put a check next to any statement that applies to you:

- _____ I enjoy working with computers.
- _____ I am into technology.
- _____ I am a logical and mathematical learner.
- _____ People rely on me to fix or set up their computer.
- _____ I enjoy creating computer programs or video games.
- _____ I learn new computer programs pretty quickly.
- _____ I have good keyboarding skills.

If most of these apply to you, then you might want to think about a career in Information Technology. Careers in Info Tech include software development, database management, web designers, desktop publishing (like computer artwork), data entry, sales, and much more. So, if you're interested in computers and technology, think about Information Technology as a career field. There are plenty of jobs out there, and computers are going to be around for a long time!

BRAIN TEASER

6

You throw away the outside and cook the inside. Then you eat the outside and throw away the inside. What did you eat?

Get a
Jump
Start

TEST TAKING

Be well rested before taking tests. Having a rested mind will help you recall information and perform better on the test

Be the
Real
DEAL

COMMITMENT

A commitment is an agreement or a pledge to do something in the future. It's like a promise, and when you commit to something you are giving your word that you will do it. What are some examples of commitments you have made? What are the consequences of not honoring a commitment?

BRAINAPALOOZA

ACTIVITY SHEET

WORD SEARCH

See if you can find all ten occupational "clusters" and one career for each cluster.

Q B E F S R E T U P M O C L R S
 E T S Y R U R Z M Y F R P U A L
 N D R A E Q U P R N O F G F H M
 G R U C Y S T N E M N R E V O G
 I D N C W B L E R O K T L M S M
 N F Q J A B U N B C Y L E H P U
 E I N J L T C F S O D C P T I I
 E R A P F Y I M S C H S J K T J
 R E M R A F R O E A L E P T A V
 I F S H E D G Y N R W E A H L N
 N I E C Z G A I I P E G X L I T
 G G L H P Z C Y S E Q H I W T J
 F H A A C Z X T U N H K C B Y H
 K T S A D B G C B T L O I A U V
 W E B M A S T E R E W M V N E O
 E R Q N O I T C U R T S N O C T

Agriculture (f _ _ _ _ _)

Business (s _ _ _ _ _)

Computers (w _ _ _ _ _)

Construction (c _ _ _ _ _)

Education (t _ _ _ _ _)

Engineering (m _ _ _ _ _)

Government (l _ _ _ _ _)

Health (n _ _ _ _)

Hospitality (c _ _ _)

Safety (f _ _ _ _ _)

BRAIN TEASER

7

A butcher is five feet ten inches tall.
 What does he weigh?

Get a
Jump
 Start

STUDYING

Quiet background music might help you stay focused while you are studying. Don't play it too loud, and try to resist the urge to sing along!

Be the
Real
 DEAL

COMMUNICATION

Communication is the means by which people exchange information. The people who get ahead in life are the ones who can communicate. What are the different forms of incoming communication (the ways you receive information) and outgoing communication (the ways you give information to others)? Why is it important to develop ALL of your communication skills?

BRAINAPALOOZA

ACTIVITY SHEET

ARE YOU GOING PRO?

Lots of kids your age dream of being a professional athlete - football, basketball, NASCAR, skateboarding. But the fact is you have a one-in-a-million chance of making it in pro sports. So you need to have a back-up plan just in case your pro career doesn't work out. And your career could still involve sports in some way.

List as many careers as you can that involve sports. We gave you "professional athlete" - can you think of others? Be creative!

- | | |
|-------------------------|-----------|
| 1. Professional Athlete | 10. _____ |
| 2. _____ | 11. _____ |
| 3. _____ | 12. _____ |
| 4. _____ | 13. _____ |
| 5. _____ | 14. _____ |
| 6. _____ | 15. _____ |
| 7. _____ | 16. _____ |
| 8. _____ | 17. _____ |
| 9. _____ | 18. _____ |

This activity focused on professional sports, but the same idea holds true for kids who want to be professional singers, dancers, or actors. It's great to dream and to shoot for the stars, but be sure you have a back up plan in case your dream of going pro doesn't work out.

BRAIN TEASER

8

I am full of holes but still hold water.
What am I?

Get a
Jump
Start

NOTE TAKING

Don't try to write down everything the teacher says. Focus on the main ideas and the supporting facts. Then use your notes to make flashcards.

Be the
Real
DEAL

COMPASSION

Compassion is an awareness of other people's problems and the desire to help them. It can involve your family, your friends, or total strangers. Do you consider yourself to be a compassionate person? What are some situations in which you have shown compassion?

BRAINAPALOOZA

ACTIVITY SHEET

A LOGIC PUZZLE

Marie, Alex, Jose, and Angela want to someday have jobs which allow them to be able to use their talents in some way. One of them wants to be a teacher, one wants to be a journalist, one wants to be a mechanic, and one wants to be a cartoonist. From these clues, see if you can figure out who wants to be what:

- Angela and Alex live on the same block as the student who is good at giving speeches.
- Jose and Marie are not very artistic.
- Angela is an excellent writer.
- One of the boys is good at taking things apart and fixing things.

Now, what does each student want to be?

Marie _____
Alex _____
Jose _____
Angela _____

BRAIN TEASER

9

How many birthdays does the average man have?

Get a
Jump
Start

STUDYING

Study with a friend or a group of friends. Compare notes and ask each other questions. Maybe you can predict what questions will be on the test.

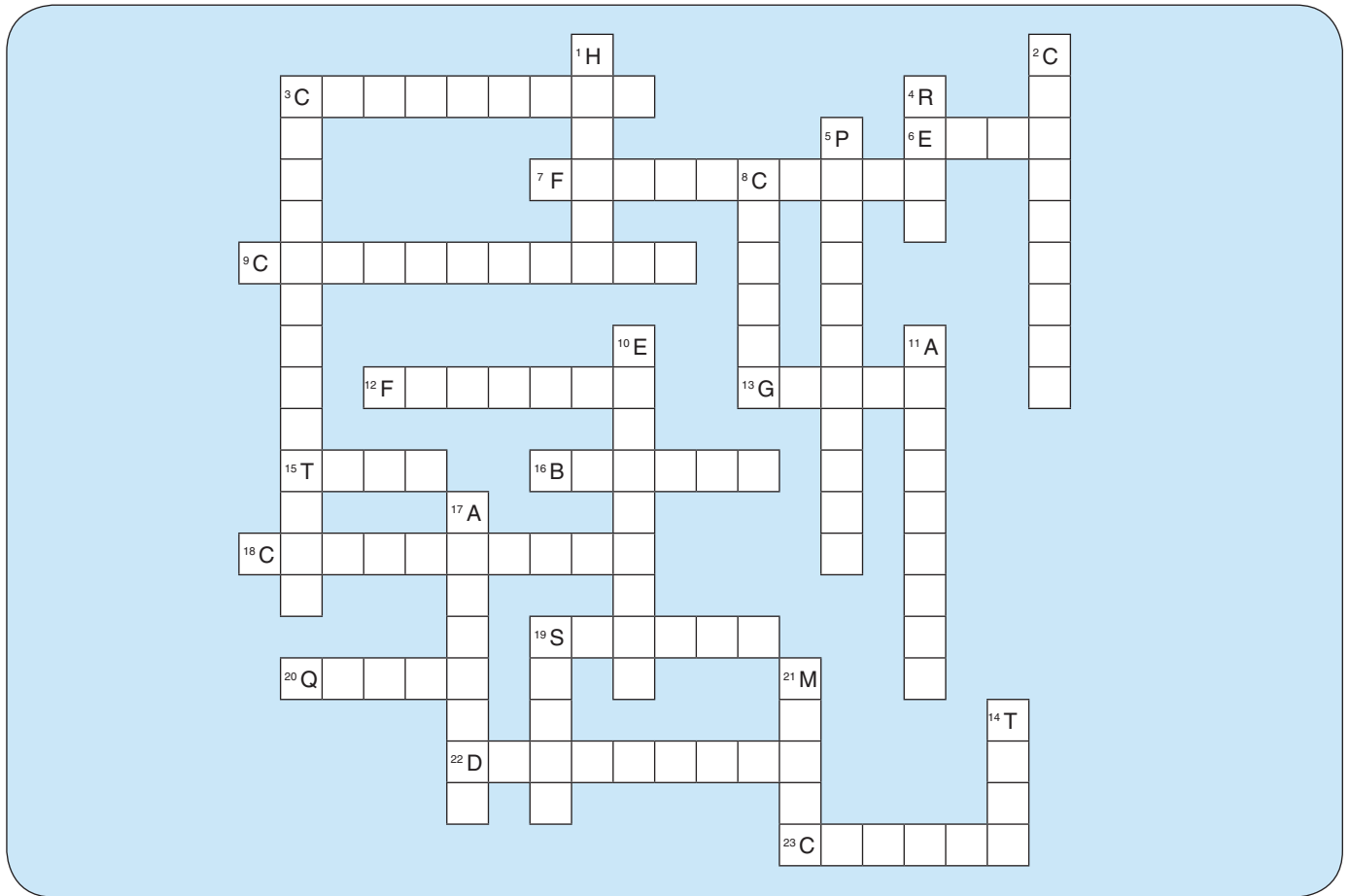
Be the
Real
DEAL

CONFIDENCE

Confidence is a feeling of belief, or of being certain of something. It's also called self-esteem. Being confident in yourself and your abilities is very important to your success in school and in life. What are some things that you feel very confident about? Are there any areas of your life that you are lacking self-confidence? What are some things that could make you feel more confident in yourself?

BRAINAPALOOZA

ACTIVITY SHEET



Across

3. It's the sum of all of your qualities.
6. The more you learn the more you ____.
7. Use your notes to make these.
9. The way you conduct yourself in a community.
12. You have to stay _____ to achieve your goals.
13. These should be long term and short term.
15. One career cluster is called Info ____.
16. Be sure you have a _____ plan for your career.
18. It's a promise or a pledge to do something.
19. I am full of holes but still hold water.
20. Try to find a ____ place to study.
22. Set these to help you manage your time.
23. It goes up and down stairs without moving.

Down

1. It's one of the career clusters.
2. It's how you feel when you believe in yourself.
3. Being thoughtful of the feelings of others.
4. Get plenty of this before a big test.
5. It prevents poor performance.
8. Being concerned about someone or something.
10. You'll need this to get a good job.
11. It's a two-year college degree.
14. Get lots of rest before a big ____.
17. Some people have a good one, some a bad one.
19. Don't ____ the small stuff!
21. Don't let this get too loud while you study.

BRAINAPALOOZA

ACTIVITY SHEET

BRAIN TEASERS

- 1) Towel; 2) Carpet; 3) A Cold; 4) 70; 5) Stamp;
6) Ear of Corn; 7) Meat; 8) Sponge; 9) One; 10) River

WORD DECRYPT

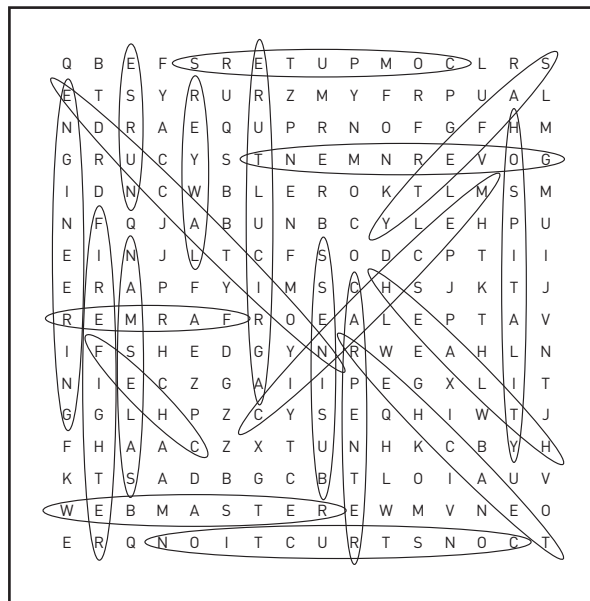
The more you learn, the more you earn!

WORD SCRAMBLE

- 1) Dental Hygienist; 2) Teacher; 3) Architect;
4) Software Designer; 5) Chef; 6) Police Officer;
7) Doctor; 8) Salesperson; 9) Nurse

Key Word - Education

WORD SEARCH



MATCHING GAME

Choreographer - Music; Fashion Designer - Art;
Recreational Therapist - Physical Education;
Editor - Language Arts; Lawyer - Social Studies;
Accountant - Math; Marine Biologist - Science

A LOGIC PUZZLE

Marie - Teacher; Alex - Cartoonist;
Jose - Mechanic; Angela - Journalist

WORD DECRYPT 2

Proper Preparation Prevents Poor Performance

CROSSWORD

